

MAT/ MOUD in Jails & Prisons: Policy Guidelines /Best Practices / Toolkits/ Research

1. **Medication-Assisted Treatment (MAT) for Opioid Use Disorder in Jails and Prisons: A Planning and Implementation Toolkit (Updated).** (2022). The National Council for Mental Wellbeing.

<https://www.thenationalcouncil.org/resources/medication-assisted-treatment-mat-for-opioid-use-disorder-in-jails-and-prisons-a-planning-and-implementation-toolkit/>

- Develop protocols to control medication diversion: p. 39-41

- While our key informants noted that the topic of diversion frequently arose prior to a new MAT program's implementation, with careful planning and rigorous systems in place, medication diversion can be minimized.
- Several localities found that by introducing MAT in their facilities, the incidence of medication diversion decreased since patients with a legitimate medical need for MAT were receiving it formally. Additionally, jail staff anecdotally reported a decrease in disciplinary infractions after introducing MAT as well as increased inmate and officer safety.
- I constantly hear from prison administrators that 'I already have (illicit) buprenorphine in the facility. I'm trying to get it out.' But the irony is when you bring it in clinically all that diversion and illicit use goes away because you're actually meeting a medical need and implementing controls. You take away the illicit market. *Michael White, Director of Community Programs, Community Medical Services, Arizona*

- Delivery of Treatment: p. 51-54

- MAT Medication Line To understand how the Rhode Island DOC manages its MAT medication line, watch this short video. <https://vimeo.com/335937607>

2. **Jail-Based Medication-Assisted Treatment: Promising Practices, Guidelines, and Resources for the Field.** (2018). National Sheriffs Association and the National Commission on Correctional Healthcare.

<https://www.ncchc.org/wp-content/uploads/Jail-Based-MAT-PPG-web.pdf>

- Initially, security staff were resistant to the use of Suboxone out of concern for diversion. The medical director and several staff members met with the jail warden and other administrators to educate them about MAT and to listen to concerns. These meetings went a long way in alleviating fears about the program.
- Research showed that this program [RI DOC, 2016-17] reduced post-release deaths by 60 percent and all opioid-related deaths in the state by more than 12 percent. (Programs in Action-Rhode Island: p.29)

3. **Opioid Use Disorder Treatment in Correctional Settings (2021).** (2021). National Commission on Correctional Healthcare. <https://www.ncchc.org/position-statements/opioid-use-disorder-treatment-in-correctional-settings-2021/>

4. **Use of Medication-Assisted Treatment for Opioid Use Disorder in Criminal Justice Settings.** (2019). *Substance Abuse and Mental Health Services Administration (SAMHSA)*, <https://store.samhsa.gov/product/Use-of-Medication-Assisted-Treatment-for-Opioid-Use-Disorder-in-Criminal-Justice-Settings/PEP19-MATUSECJS>

5. **Six Strategies to Prevent MOUD Diversion in Jail-Based Treatment Programs: Findings from JCOIN's Massachusetts Clinical Research Center (2023) Infographic and Research Summary.** <https://www.jcoinctc.org/six-strategies-to-prevent-moud-diversion-in-jail-based-treatment-programs>

6. **Selected Research:** See JCOIN Publications Library (MOUD Services: 26 publications)

https://www.jcoinctc.org/research/publications-library/?sfm_pubslib-type_specific=MOUD%20Services

7. **Recommended:** Evans, E. A., Pivovarova, E., Stopka, T. J., Santelices, C., Ferguson, W. J., & Friedmann, P. D. (2022). Uncommon and preventable: Perceptions of diversion of medication for opioid use disorder in jail. *Journal of Substance Abuse Treatment*, 138, 108746. <https://pubmed.ncbi.nlm.nih.gov/35249789/>